**Instructions**

Answer ALL questions below and add up your score. The points are set out below the agree/disagree values. For example, if you answer question 1 of Part A as “Strongly disagree”, then your score will be “1″.

Once you are done, match your score to the chart below, then go to our MBTI results page for an analysis of your results.

**Note:**

This test is not the MBTI test itself, which is formal test charged by consultants, psychologists and motivational speakers. **Remember that there is no good or bad personality type.** The MBTI is simply a way to provide you an idea of your personality, characteristics and how such characteristics may influence your career, relationship and life outcomes.

**Step 1: Take the test**

Record your scores on a sheet of paper or you can print this page and record the scores on the test itself.

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  | **Strongly disagree** |  | **Disagree** |  | **Neutral** |  | **Agree** |  | **Strongly agree** |
|  |  |  | (1) |  | (2) |  | (3) |  | (4) |  | (5) |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Part A** |  |  |  |  |  |  |  |  |  |  |
| 1. | I like being around people |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
| 2. | I am more interested in people than in their ideas |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
| 3. | I have many friends |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
| 4. | I am popular in school |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
| 5. | When I am feeling down, I seek out company to cheer myself up. |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Your total score for Part A** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | | | | |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Part B** |  |  |  |  |  |  |  |  |  |  |
| 1. | I am a logical person |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
| 2. | I am very practical |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
| 3. | I am a realist |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
| 4. | I like dealing with facts |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
| 5. | I don’t trust hunches or anything that cannot be proven |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
|  | **Your total score for Part B** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | | | | |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Part C** |  |  |  |  |  |  |  |  |  |  |
| 1. | I like to base my decisions on what is reasonable |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
| 2. | I think that justice is more important than mercy |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
| 3. | I like to speak the truth even if the truth hurts |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
| 4. | I don’t like people who have their heads in the clouds |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
| 5. | I don’t like people who change their minds often |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
| 6. | I like to be disciplined and in control |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
|  | **Your total score for Part C** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | | | | |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Part D** |  |  |  |  |  |  |  |  |  |  |
| 1. | I am very organized |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
| 2. | I like to keep to a schedule |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
| 3. | I like to plan ahead |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
| 4. | I get upset if activities or plans change at the last minute |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
| 5. | I am always punctual |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |
|  | **Your total score for Part D** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | | | | |

**Step 2: Get your MBTI score**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Your score** |  | **Part A** |  | **Part B** |  | **Part C** |  | **Part D** |  | **Your MBTI** |
|  |  |  |  |  |  |  |  |  |  |  |
| 5 – 14 |  | I |  | N |  | T |  | P |  |  |
| 15 – 25 |  | E |  | S |  | F |  | J |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
| **Your result** |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ |  | \_\_\_\_\_\_\_\_ | = | \_\_\_\_\_\_\_\_\_\_\_ |